

Melba School District

NOVEMBER
2016

Oct 26, 2016

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Monday	Tuesday	Wednesday	Thursday	Friday
	Nov - 1 PIZZA BAKED BEANS SALAD, GREEN MANDARIN ORANG MILK	Nov - 2 CHICKEN NUGGETS MASHED POTATOES CHICKEN GRAVY CORN STRAWBERRIES FRESHLY BAKED BR MILK	Nov - 3 SALAD or TURKEY, HAM, BEFF COMBINATION SUB. CARROT STICKS POTATO CHIPS GRAPES MILK	Nov - 4
Nov - 7 NACHOS or TURKEY AND GRAVY MASHED POTATOES GREEN BEANS APPLES FRESHLY BAKED BR MILK	Nov - 8 PIZZA BAKED BEANS SALAD, GREEN MANDARIN ORANG MILK	Nov - 9 CHICKEN SANDWICH POTATO CHIPS BROCCOLI, raw STRAWBERRIES MILK	Nov - 10 SALAD or SLOPPY JOES FRENCH FRIES CARROT STICKS GRAPES MILK	Nov - 11
Nov - 14 NACHOS or MANDARIN CKN BROWN RICE MIXED VEGETABLES EGG ROLLS MANDARIN ORANG MILK	Nov - 15 PIZZA BAKED BEANS SALAD, GREEN APPLES MILK	Nov - 16 CHICKEN STRIPS MASHED POTATOES CHICKEN GRAVY STRAWBERRIES CORN FRESHLY BAKED BR MILK	Nov - 17 SALAD or TURKEY, HAM, BEFF COMBINATION SUB. CARROT STICKS POTATO CHIPS GRAPES MILK	Nov - 18
Nov - 21 NACHOS or Mini Corn Dogs FRENCH FRIES CELERY STICKS APPLES MILK	Nov - 22 PIZZA BAKED BEANS SALAD, GREEN MANDARIN ORANG MILK	Nov - 23 FINGER STKS MASHED POTATOES GREEN BEANS CHICKEN GRAVY STRAWBERRIES FRESHLY BAKED BR MILK	Nov - 24 SALAD or SPAGHETTI AND ME SALAD, GREEN GRAPES FRESHLY BAKED BR MILK	Nov - 25
Nov - 28 NACHOS or CRISPITO SALAD, GREEN GREEN BEANS CHEESE STICKS APPLES MILK	Nov - 29 PIZZA BAKED BEANS SALAD, GREEN MANDARIN ORANG MILK	Nov - 30 CHICKEN NUGGETS MASHED POTATOES CHICKEN GRAVY CORN STRAWBERRIES FRESHLY BAKED BR MILK		

This institution is an equal opportunity provider

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.