

MUSTANG

Crimsonettes



TRYOUT PACKET 2017-2018

MELBA HIGH SCHOOL

Head Dance Coach: Alyssa Jones

(208) 921-1836

alyssa.r.jones17@gmail.com

Dear Dance Applicant,

It's time for Melba High's dance tryouts! Clinics and tryouts will take place **Friday, May 26th, 2017**.

Both dance applicants and parents should read the contents of this packet very carefully. Being selected as a Crimsonette is an honor and privilege. Responsibility to the school and squad will be of highest priority. Please feel free to contact me if you have any questions or concerns. Applicants must complete the necessary attached forms and bring them to the first day of tryouts, **May 26th, 2017**.

MHS DANCE TRYOUT INFORMATION

When: May 26, 2017

Where: MHS gymnasium

Tryouts:

Friday, May 26: Begins at noon until 3-4

Announcement of Team:

The new team will be announced no earlier than 3pm on Friday, May 26th. It will be posted on the main doors to the High School.

How to Apply:

- Complete the **Application for Dance, Dance Contract, and Grade Check Forms**. Bring these along with a COPY of your first semester report card to the first day of tryouts.
- You must have a 2.5 cumulative GPA, and have passed all classes from the current academic school year.

Grades will be verified as followed:

- Incoming freshmen: Your 8th grade first semester and 3rd quarter GPA will be evaluated
- Sophomores, Juniors, & Seniors: Your cumulative GPA will be evaluated

*****A COPY OF YOUR FIRST SEMESTER REPORT CARD IS DUE WITH YOUR APPLICATION*****

MHS DANCE TRYOUT INFORMATION

All individuals trying out for dance will be required to perform a routine taught earlier in the day. Everyone will be judged on motions, coordination, jumps, dance technique, and appearance. 70% tryout points and 30% observation will select new dance team members.

Attire for tryouts: Black/dark shorts and either a Melba High T-Shirt or a T-Shirt that is black, white, or red. Wear dance shoes or shoes you can easily dance in.

Hair: Wear your hair pulled back in a pony or bun with all bangs pulled out of your face.

All tryout material will be presented during the tryout clinic earlier in the day.

Judges will consist of a variety of Professional Spirit Cheerleaders/Dancers, School Staff, and other adults.

Brief Description of Melba High Dance

Mission: The Melba High Dancers develop positive school spirit and good sportsmanship at athletic events, provide channels for students to demonstrate school spirit, encourage attendance at school events, and perform at a level of excellence so as to be a source of pride to the school, the squad, and themselves.

These award-winning squads consist of freshmen, sophomore, junior, and senior girls. All squads dance at football, basketball, parades, clinics, and competitions.

MELBA HIGH DANCE TEAM TRYOUT APPLICATION

Name: _____
(Last) (First) (Middle)

Address: _____
(Street Name/Number)

(City) (State) (Zip Code)

Home Phone: _____ Applicant Cell Phone: _____

E-mail: _____ Applicant Birthday: _____

Mom's Name: _____

Dad's Name: _____

Address: _____

Address (If different): _____

Home Phone: _____

Home Phone: _____

Work Phone: _____

Work Phone: _____

Cell Phone: _____

Cell Phone: _____

Email: _____

Email: _____

Current Grade in School (circle one):

8 9 10 11

Student ID#: _____

You must have a 2.5 cumulative grade point average and be passing all current classes in order to try-out for dance. **A copy of your first semester grade card must be turned in with your application and a grade check will be required during the week of tryouts.** All grades and enrollment will be verified with a school official prior to the final tryout date.

Return this completed application to Aly Jones @ Melba High School by Tuesday, May 26, 2015.

2015-2016 MHS Dance Contract

I understand that dance is a time consuming and expensive activity. I understand I will be required to attend a summer camp and associated summer practices in preparation for the 4th of July parade. I understand dance is both a privilege and an honor as it can be a rewarding experience when expectations are met. If selected to be on the MHS dance team, I will abide by the rules and regulations set forth by the coaches, dance constitution, and administrators at Melba High School and be present for all practices, games, or other events (camp, fundraisers, etc.). I understand I must attend all clinics and tryout sessions to be considered for a dance position. I understand I must reside in Melba High School Attendance area or have already been approved for a transfer to Melba High for the 2015-2016 school year. I understand qualified judges will evaluate me and I agree to abide by the decision of the judges. I understand if I am elected, I will be required to take a fitness class during the school day. I understand by the very nature of the activity, dancing carries risks of physical injury. No matter how careful the participant and coach are, how many spotters are used, or what landing surface is used, the risk cannot be eliminated. I understand these risks and will not hold Melba High School or any of its personnel responsible in the case of accident or injury at any time. If elected, I promise to abide by all aforementioned rules/regulations and to cooperate, follow any other instructions given by the dance coaches, pay all expenses in full, (unless other payment arrangements have been made and honored with the coach and an administrator approval), and fulfill my duties as a dancer throughout the 2017-2018 school year.

Student Signature

Date

Parent/Guardian Signature

Date

Dance Tryout Tips

1. Make sure you thoroughly stretch before all work-outs!
2. Practice in front of a mirror or with a friend who can comment on your performance.
3. Listen carefully to what out-going dancers tell you. They have lots of experience and can help you a great deal.
4. Do not carry tryouts into the classroom.
5. First impressions count! Neatness and cleanliness are important considerations during tryouts. Clothing should be flattering and clean.
6. To prepare for tryouts, choose a simple outfit that will allow you to move easily so attention centers on your skill instead of your clothing. Avoid sloppy T-shirts, halters, tank tops, or jean shorts.
7. Make-up should be kept to a minimum. Your appearance should be natural.
8. Be sure your athletic shoes/dance shoes are comfortable and clean.
9. Don't chew gum!
10. Don't wear any jewelry!
11. Pull hair from your face. Make sure your hair tie is secure. Your hair should look clean and natural.
12. A pleasant expression and sincere smile on your face will be an asset to your total presentation.
13. Stand tall. Good posture will help your confidence and enhance your presence. Practice standing up straight so that you feel natural while standing straight.
14. Maintain good eye contact with the judges by focusing your eyes a little above their heads. It will appear as if you are looking at everyone in the audience.
15. Concentrate on what you are doing instead of on your nervousness.
16. Plan your entrance.
17. If you make a mistake, don't panic. Simply ask the judges if you can begin again and be confident. Don't over perform. The judges look for coordination/skill, enthusiasm, confidence, and technical ability.
18. Be poised and graceful.
19. Stay mentally alert.
20. Be positive about yourself and your ability. Visualize yourself doing everything perfect.
21. Be thoroughly prepared mentally and physically.
22. Smile naturally. Be yourself.
23. Practice, practice, practice!
24. Encourage others!
25. Good Luck!!!